

100%

**Of children we interviewed said
they find aspects of having a
sibling with special needs hard**



**“Sometimes we can’t
understand her and
she screams a lot which
makes me feel bad. It’s
hard playing with her
when I can’t understand”**



**“We can’t go to places if
he is naughty which
upsets me. Sometimes
the plan has to change”**

“Being bitten and pinched.
In public when she
shouts a lot and people
look at us, that’s
annoying and embarrassing”

70%

**Of children asked said they
wouldn't change their
brother or sister**



**“I’d change people saying
mean things about him.
There was a person staring at
him because he had a tantrum.
That made me upset”**

**“I’d take away his
autism so he can speak.
I really wonder what
his voice sounds like”**

2

**Number of children who felt they had
someone at school who knew about
their sibling and could support them**



**“They don’t do anything
about it. I used to have
a weekly check in
which really helped”**



80%

**Of children said that
they worry about their
brother or sister**



**“People making fun of
him. Sometimes when he’s
happy he claps and flaps
around. People laugh at him
and I don’t like that”**

**“I worry about him at
school and getting bullied.
I worry that if he has to
live on his own he wouldn’t
be able to do anything”**

100%

**Of children said that
they would like to
receive more support**



“I wish there were more clubs for siblings. It Helps me not to worry and I like having friends who are siblings”

**“People that can answer
your questions in school.
I don’t have anyone to ask
and I have a few questions.
Someone that I can go
to when I need to”**

