

# 100%

**Of children we interviewed said  
they find aspects of having a  
sibling with special needs hard**

**“Sometimes we can’t understand her and she screams a lot which makes me feel bad. It’s hard playing with her when I can’t understand”**



**“We can’t go to places if he is naughty which upsets me. Sometimes the plan has to change”**

**“Being bitten and pinched.  
In public when she  
shouts a lot and people  
look at us, that’s  
annoying and embarrassing”**



# 70%

**Of children asked said they  
wouldn't change their  
brother or sister**

**“I’d change people saying  
mean things about him.  
There was a person staring at  
him because he had a tantrum.  
That made me upset”**

**“I’d take away his  
autism so he can speak.  
I really wonder what  
his voice sounds like”**

# 2

**Number of children who felt they had someone at school who knew about their sibling and could support them**





**“They don’t do anything about it. I used to have a weekly check in which really helped”**

# 80%

**Of children said that  
they worry about their  
brother or sister**

**“People making fun of him. Sometimes when he’s happy he claps and flaps around. People laugh at him and I don’t like that”**

**“I worry about him at school and getting bullied. I worry that if he has to live on his own he wouldn’t be able to do anything”**

# 100%

**Of children said that  
they would like to  
receive more support**

**“I wish there were more clubs for siblings. It Helps me not to worry and I like having friends who are siblings”**

**“People that can answer  
your questions in school.  
I don’t have anyone to ask  
and I have a few questions.  
Someone that I can go  
to when I need to”**

